



**THE 6TH ANNUAL
BENEFIT 5K RUN/WALK
SUPPORTING
VETERANS AND THEIR NEEDS**

**SPONSORED BY
EAST BRUNSWICK VFW POST # 133**

DATE: JULY 23, 2017

LOCATION: EAST BRUNSWICK ARTS CENTER, CRANBURY RD, JUST PAST THE FAIR GROUNDS, EAST BRUNSWICK.

COURSE: CERTIFIED, FAST.

RACE DAY TIMELINE:

7:30AM – RACE DAY REGISTRATION OPENS AT THE ART CENTER

9:00AM – RACE BEGINS

10:00AM – 12:00 NOON – AWARDS PRESENTATION AND POST-RACE PARTY AT THE FINISH LINE – FOOD/SODA/BEER

TOP QUALITY T-SHIRTS GUARANTEED TO ALL PRE-REGISTERED RUNNERS (THEY WILL BE AVAILABLE WHILE SUPPLIES LAST FOR THOSE REGISTERING THE DAY OF THE RACE).

RACE PACKET PICK UP: FRIDAY 7/21, 5-6 PM, SAT 7/22, 5-7 PM AT THE VFW POST 133 AND RACE DAY AT THE ARTS CENTER.

AWARDS: MEDALS TO TOP THREE MALE / FEMALE FINISHERS IN THE FOLLOWING AGE CATEGORIES: 19 & UNDER, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & OVER.

REGISTRATION DEADLINES & ENTRY FEES:

\$25 - ON-LINE REGISTRATION ON OR BEFORE JULY 17 - www.compuscore.com

\$30 - LATE REGISTRATION (AFTER JULY 17)

Last Name _____ First Name _____

Address _____
(Street City ST Zip)

Phone # _____ Email _____

Birth Date ____ / ____ / ____ Age (day of the race) _____

T-Shirt size : S M L XL (CIRCLE ONE) Gender : M F (CIRCLE ONE)

I realize that running a road race is a potentially dangerous activity and that I should not enter unless I am medically able and properly trained. I assume all the risks associated with running this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I waive and release the VFW, its officers, its members, race volunteers, race organizers and the Township of East Brunswick, their departments and employees from any claims and liabilities of any kind arising from my participation in this event.

Signature (Anyone under 18 must have this signed by a parent)

Please remit applications to:

VFW Post 133
485 Cranbury Road
East Brunswick, NJ. 08816

Thanks,
Tom Coohill

Supported by:



Wayne Lyons Sr.
Race Director
wtlrebs@yahoo.com